



**TEEN GIRL SCOUT PROGRAM:
Smooth Sailing
Your relationship with water**

The 74-foot, Schooner Woodwind, offers programs for Cadettes, Seniors & Ambassadors to work toward their badge requirements while sailing on the Chesapeake Bay

Goal: To educate the Scouts using an interactive approach to complete Step 1 of the Ambassadors' "Water Legacy Naturalist Badge" by trying sailing, a new water skill.

Availability: This program is available Monday through Friday during the day and on weekend mornings. If you can fill the entire boat with 48 people, the program is available any time. You must book a Group Sail to be guaranteed the Teen Program. To qualify for a Group Sail, you will need a minimum of 18 people to reserve your tickets (in advance of the normal 6 days that the general public is allowed) and to do the program. You can include siblings & parents or combine with another Teen Girl Scout Troop to reach 18 people.



Weekday Daytime: \$52 Adults, \$49 Students (12-17 yrs.), \$37 Children (11 & under)
Weekend Mornings: \$55 Adults, \$53 Students (12-17 yrs.), \$37 Children (11 & under)
Rates include soda, snack, tax and gratuity.

Child & Student Tickets include Schooner Woodwind Participation Patch

We sail rain or shine. There are no refunds or exchanges unless the captain cancels the cruise due to unsafe conditions.



How We Teach: We take an interactive approach in educating the girls about sailing during their two hour cruise aboard the Schooner Woodwind. As with all of our Girl Scout programs, we have the girls break into smaller groups (around eight girls each) to work directly with our crew members. After the safety speech, the scouts will help to raise the sails. Our crew will educate the girls using a questions/answer format. This enables our crew to disperse fun facts and find out the level of interest and knowledge in a fun and interactive way. The girls will cycle through different learning stations and end with the captain who will quiz them on their new found knowledge. The captain will ask a question about the information they just learned and when a girl raises her hand and gives a correct answer, she will take a turn helming (steering) the boat. It is our intent to offer every girl a turn at the "helm".

Please come prepared with the following information and knowledge:

1. Please have the girls prepped on sailing terminology so they are familiar with some of the terms before stepping aboard. If they learn these terms in advance, they will be better able to understand how and why we use them aboard the Woodwind. Check out our website for "Terms Used by Sailors."
2. Teach your girls ahead of time the most important thing to know about sailing - where the wind is coming from. Have them practice looking for wind direction a couple of weeks before sailing. This will help them understand how a sailboat moves through the water using only the wind. (Have them look at smoke stacks of steam, which way flags are blowing, which way the waves are going, etc. Hint: licking your finger doesn't work so well and it's gross.)
3. Lifejacket Safety
4. Come prepared with sunscreen (non-greasy) already applied and sunglasses.
5. Know what to do in an emergency, hypothermia, sunstroke, near drowning.
6. Bring the following items with you:
 - o Find the latitude and longitude of where they boarded the Woodwind. The scouts should use 80 Compromise Street, Annapolis, MD 21401
 - o Prepare a weather briefing and a marine forecast for the Chesapeake Bay (from Sandy Point to North Beach) using www.wunderground.com/MAR/AN/532.html
 - o High and low tides for the date you are sailing.

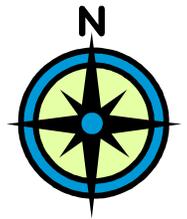
Curriculum

- **Show you know how to be safe on the water.**
 - o One of your girls will demonstrate how to put a life jacket on in front of the passengers during the captain's safety speech. This is where we explain what to do if someone falls overboard and if there is a fire aboard the boat.
 - o One of your girls will assist in helping the crew get a final headcount before we leave the dock, and give that count to the on-shore office.
- **Prepare to get underway.**
 - o The captain will talk briefly about where to sit and what to expect aboard.
 - o One of your girls, or a small group of girls, should present their weather briefing. This shall be read aloud to the captain and passengers to show how the weather may affect the captain's decision on how many sails to put up and the course he/she will take.
 - o One of the girls or a very small group of girls will accompany a crew member to make a log entry of how many people are aboard, weather conditions, and check any systems before raising sails.
 - o Girls who have not helped in other areas will help raise the sails with the supervision of the crew.
 - o We will show them why it is so important to know where the wind is coming from and how a sailboat moves under wind power alone.



Learn the communication signals and language used by sailors.

- The crew will go over sailing terminology and why we use it aboard.
- We will also teach them hand signals a lookout uses when on the bow of a boat. We will have them practice being a "look-out."
- Technology aboard a sailing vessel
- One of your scouts, or a small group of scouts should present their briefing of the tide table of the high and low tides for the day. We will explain why this information is necessary for the captain to know in advance.
- We will quickly show them how to find out where they are by using latitude and longitude. We will be using the dock coordinates they brought with them to figure out how far they have travelled.
- Some chart work may be taught, depending on the time available and the scout's knowledge.



There is so much to see as we sail past the United States Naval Academy into the Chesapeake Bay. Along the way, we point out the interesting sights to everyone aboard.

Great info to give to the girls before their arrival: "Parts of the Boat" & "Terms Used by Sailors" which you can find on our website.

What to Wear: Since we sail rain or shine, bring gear so you are prepared for the conditions that are predicted ON the water. We recommend layered clothing and *require* soft soled shoes.

Life Jacket Policy: According to the Girl Scout USA Safety Checkpoints, they want all girl scouts, adults, and other children aboard a "girl scout" cruise to be outfitted in life jackets. We have purchased Type III lifejackets which are more comfortable for non-emergency use.

