



JUNIOR GIRL SCOUT PROGRAM: Sailing and Navigation

The 74-foot, Schooner Woodwind, offers programs for Junior Girl Scouts to work toward their badge requirements while sailing on the Chesapeake Bay

Goal: To educate the girls about sailing and navigation using an interactive approach. They will take a turn steering the schooner and learn "hands on" how a boat sails and how we navigate the waters of the Chesapeake Bay. Learning the basics of navigation will also help them understand how a GPS works and this will help them if they chose to do our Geocaching Trail through Annapolis and earn their GEOCACHER badge.



Availability: This program is available Monday through Friday during the day and on weekend mornings. If you can fill the entire boat with 48 people, the program is available any time. You must book a Group Sail to be guaranteed the Junior Sailing & Navigation Program. To qualify for a Group Sail, you will need a minimum of 18 people to reserve your tickets (in advance of the normal 6 days that the general public is allowed) and to do the program. You can include siblings and parents or combine with another Junior Troop to reach 18 people.

Weekday Daytime: \$52 Adults, \$49 Students (12-17 yrs.), \$37 Children (11 & under)
Weekend Mornings: \$55 Adults, \$53 Students (12-17 yrs.), \$37 Children (11 & under)
Rates include soda, snack, tax and gratuity.
Child & Student Tickets include Schooner Woodwind Participation Patch
We sail rain or shine. There are no refunds or exchanges unless the captain cancels the cruise due to unsafe conditions.



How We Teach: We take an interactive approach in educating the girls about sailing during their two hour cruise aboard the Schooner Woodwind. As with all of our Girl Scout programs, we have the girls break into smaller groups (around eight girls each) to work directly with our crew members. After the safety speech, the scouts will help to raise the sails. Our crew will educate the girls using a questions/answer format. This enables our crew to disperse fun facts and find out the level of interest and knowledge

in a fun and interactive way. The girls will cycle through different learning stations and end with the captain who will quiz them on their new found knowledge. The captain will ask a question about the information they just learned and when a girl raises her hand and gives a correct answer, she will take a turn helming (steering) the boat. It is our intent to offer every girl a turn at the "helm".

Curriculum:



- **Permission to Board:** We will have the girls ask permission to come aboard the boat. We will tell them where to stow their belongings and what to expect aboard.
- **Staying Afloat:** We have one of the girls demonstrate to the whole boat how to correctly put on a life jacket and adjust it for their size.
- **All Hands on Deck:** During our safety speech, before we leave the dock, we discuss personal safety, what to do if someone falls overboard, if there is a fire aboard, and how to work the boat systems safely.
- **Hoist the Sails:** The girls will have the chance to raise the sails (all four sails, weather permitting). Some girls MAY learn how to tack some of the sails and handle them during the cruise.
- **From Bow to Stern:** Nautical Terms will be discussed. They will learn the parts of the boat, sail names, correct terminology and be able to identify different types of boats on the water.
- **Navigational Basics:** The girls will learn how to spot navigational markers and buoys and what they mean, a short discussion about what a 'line of position' is and how to read a compass.
A chart MAY be brought out depending on weather and time constraints.
- **Steering the Schooner:** Each girl will have a short chance to "helm" the boat. They might head for a navigational landmark or a compass course.

There is so much to see as we sail past the United States Naval Academy into the Chesapeake Bay. Along the way, we point out the interesting sights to everyone aboard.

What to Wear: Since we sail rain or shine, bring gear so you are prepared for the conditions that are predicted ON the water. We recommend layered clothing and *require* soft soled shoes.

Life Jacket Policy: According to the Girl Scout USA Safety Checkpoints, they want all girl scouts, adults, and other children aboard a "girl scout" cruise to be outfitted in life jackets. We have purchased Type III lifejackets which are more comfortable for non-emergency use.

